

Self Advocacy Tools for Autistic People: Signposting

General Resources:

via <https://advonet.org.uk/resources/self-advocacy-resources/>

- Tools for meetings
- Tools for making phone calls
- Generic complaint template
- Welfare information
- Alert card
- Communication profile
- Social profile



Healthcare Resources:

- **Health and care passports** via: <https://www.england.nhs.uk/publication/health-and-care-passports/>
- **‘Supporting Effective Communication with Autistic People in Healthcare Settings’** via: <https://www.england.nhs.uk/rightcare/wp-content/uploads/sites/45/2022/10/More-than-words-supporting-effective-communication-with-autistic-people-in-health-care-settings-3.pdf>

Reasonable Adjustments Resources:

- **For healthcare providers** via: <https://www.happyhealthylives.uk/download/clientfiles/files/A%20Guide%20to%20Reasonable%20Adjustments%20for%20Autistic%20Adults.pdf>
- **Overview** via: <https://bradfordautismaim.org.uk/wp-content/uploads/2023/06/Autism-AIM-Strategies-and-Resources-Reasonable-Adjustments.pdf>

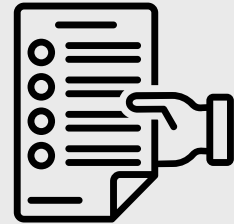
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Reasonable Adjustments Resources (continued):

- **Request template** (employment) via:
<https://www.acas.org.uk/reasonable-adjustment-request-template>
- **Adjustments in school settings** via:
<https://www.goodschoolsguide.co.uk/send/advice/reasonable-adjustments-in-schools>



Self Advocacy Toolkit (workbook): via

https://www.autismeducationtrust.org.uk/sites/default/files/2024-09/self_advocacy_toolkit_for_autistic_young_people.pdf

- Understanding self
- Autistic rights
- One page profile template
- Sensory mapping
- Affirming



Welfare Advice:

- **Welfare factsheets** via:
<https://www.disabilityrightsuk.org/resources/resources-index>
- **Welfare tools and templates** via: <https://cpag.org.uk/welfare-rights>

